



Wado Karate Centers News

April 2016

www.WadoKarateCenters.com

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Mark Your Calendar

April 16: Belt Exams

April 24: Shodan Exam

May 4, 5 & 7: Family Days

Word of the Month

The word of the month for April is **Motivation**, which is: the thing that causes you to do something.

Almost every act in life has some motivation behind it. For example, adults go to work every day to earn money to support themselves and their families. So, earning money is the basic motivation for working. Students go to school to get a good education, so the desire to receive the education is the motivation to attend school.

In karate, students are motivated to train for various reasons. Some want to learn self-defense skills. Others want physical fitness and weight control. Still others desire higher self-esteem, self-discipline, or to be part of a fraternal group.

Sometimes people lose sight of their motivation for doing something. At that point they may want to quit whatever it is they are doing. So, it is critical to remember the original motivation to avoid quitting.

Belt Graduations

Pictured are the students who graduated to new belts recently. Each new belt is affirmation of another successful step completed toward Black Belt Excellence. The long-term goal of every student should be to achieve his or her Black Belt. This is why Wado Karate Centers is called a Black Belt School!

Jr Gold Belt

Simon Douglas

Gold Belt

Layne Norris, Braden Dudley, Nicholas Stanley, Eddie Porter, Carmen Porter

Purple Belt

Sydney Smith

Brown Belt (2nd Class)

Hayden Borghi, Eryne Sheffield

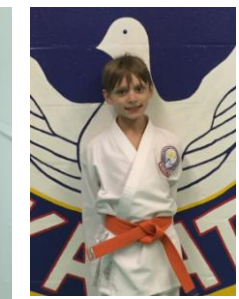
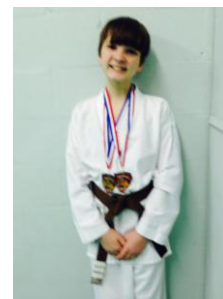
Brown Belt (1st Class)

Curtis Avant Jr.



Participation Awards

Philander Hodge, Jayden Blair, Payten Harshaw



Wado Tournament Results!

Over 400 students from the Eastern U.S. competed in this year's Federation tournament on March 19th in Columbia. Students from our school that participated are pictured and listed. Thanks to all of the instructors and parents for their hard work getting everyone ready for the event. All had a great time!

1st Place in Sparring

Mia Adams, Curtis Avant Jr., Natalie Sned.

2nd Place Sparring

Caleb Bush, Matthew Sears

3rd Place Sparring

Trey Ragsdale

1st Place Team Sparring

Curtis Avant Jr.

1st Place Kata

Curtis Avant Jr.

2nd Place Kata

Caleb Bush



Special Award!!

Pictured below is Mr. Mike Peeden who received the prestigious U.S. Eastern Wado-Ryu Karate-Do Federation Appreciation Award. Sensei Schutz and Sensei Hayden recommended Mr. Peeden for this award for his tireless help at the dojo and his tremendous commitment to Wado Karate. Well-deserved Mr. Peeden!



