



# Wado Karate Centers News

Fall 2015

www.WadoKarateCenters.com

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## Mark Your Calendar:

**Dec 20-27:** Christmas Break – Dojo Closed

**Dec 31 & Jan 1:** Closed for New Years

**Jan 6 & 7:** Family Nights

**Jan 4-9:** Stripe Tests

**Jan 16:** Belt Exams

## Word of the Month

The word of the month for December is **Promise**, which is an agreement to do or not to do something. We make many types of promises in life and should keep them all. The old saying, “a man is only as good as his word” is as true today as ever, and a promise is a form of giving your word for something.

Some promises are simple verbal agreements between two people, like between a mother and a child. Others are formal written promises known as contracts, such as a contract to buy a house or to lease a building. But, regardless of whether your promise is verbal or in writing you should keep your end of the bargain.

Parents, please discuss the idea and importance of making and keeping promises with your children to help reinforce the lessons we will be presenting in class this month. Also, as a parent it is important to remember that you must keep your promises to set a good example for your children. It is tough to teach your child to keep his or her promises when he or she sees you breaking your promises.

## Welcome Future Black Belts!

We have had many new students join Wado Karate Centers this fall! All the instructors welcome each new student and pledge to do whatever is necessary to make sure each receives the many life-changing benefits of karate taught in our school. Wado Karate Centers has been in continuous operation since 1973

## Belt Graduations

Pictured are the students who graduated to new belts recently. Each new belt is affirmation of another successful step completed toward Black Belt Excellence. The long-term goal of every student should be to achieve his or her Black Belt. This is why Wado Karate Centers is called a Black Belt School!



## Black Belt Graduations

October and November were very special months for our school. A total of 7 students graduated to various Black Belt ranks, again verifying that we are truly a Black Belt School and that our goal for every student is Black Belt and Beyond!

Mike Peeden, Darrius Mitchell, Luke Wilder and Jack Pierce passed the United States Eastern Wado Federation’s semi-annual exam for 1<sup>st</sup> Degree Black Belt on October 25th. They are shown below.



On November 7<sup>th</sup> the following students passed an exam held by Sensei Hayden and graduated to the Advanced Black Belt ranks listed.

### Nidan (2<sup>nd</sup> Degree Black Belt)

Jayden Blair, Levi Waites



### Yondan (4<sup>th</sup> Degree Black Belt)

Trey Ragsdale

