



Wado Karate Centers News

September 2015

www.WadoKarateCenters.com

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Mark Your Calendar:

Sept 19: Monthly Belt Exam

Oct 7 & 8: Family Nights

Oct 12-17: Stripe Tests

Oct 25: Shodan Exam

Word of the Month

The word of the month for September is **commitment**, which means to promise or pledge to continue doing something until it is completed. Life is full of commitments and people should always fulfill the commitments they make. This is what makes a society strong and allows others to be able to depend on you.

Often children make commitments and then want to back out as soon as the going gets tough or they change their minds about what they want to do at the moment. So, it is very important for parents to teach their children, through their own example, to fulfill commitments. This is not an area for parents to say, "Do what I say, not what I do." Show your child that you keep commitments and he or she will also.

Explain to your child very clearly what commitment is required when starting a new activity and then remind your child of this commitment when he or she starts talking about quitting. Quitters never win and winners never quit!

Welcome Future Black Belts!

Curtis Avant, Kelly Culwell, Eli Culwell, Hector Colon, Brody Stanley, Liam Risko, Brandon Jones, Uziel Deul, Audrey Preece and Nick Stanley have all joined our dojo during the past month and began training in traditional Wado Karate. All the instructors welcome each new student and pledge to do whatever is necessary to make sure each receives the many life-changing benefits of karate taught in our school. Wado Karate Centers has been in continuous operation since 1973

and has helped thousands of students achieve success in karate and in life.

Pampered Parent Party

Wado Karate Centers will be hosting a "Pampered Parent Party" on September 12th from 1:00-4:00 PM. Ms. Kelly Culwell of Executive Nails will be on site doing manicures and pedicures for family members and guests of the school. The cost is only \$ 5.00 per or \$10.00 for both. Light refreshments will be served as well! Please see Sensei Schutz or a staff member to sign up and lock in your spot! This is open for men as well so...come on guys, come get pampered. Real men have nice nails....

August Belt Graduations

Pictured are the students who graduated to new belts at the August exams. Each new belt is affirmation of another successful step completed toward Black Belt Excellence. The long-term goal of every student should be to achieve his or her Black Belt. This is why Wado Karate Centers is called a Black Belt School!



Orange Belt

Daniel Monroe

Blue Belt

London Alston, Alex Cooper, Sam Snead, Natalie Snead, Jack Snead,

Green Belt

Sammie Crownover, Jennifer Finegan, Allen Gore, Jacob Wilder

Brown Belt (3rd Class)

Hayden Borghi, Wes Bowden

Student Interview

Recently Instructor Ms. Madeline Koren took a few moments to speak with student Eryne Sheffield (pictured above) on how karate has enhanced her life. Here is how it went....

"How has karate influenced your performance at school?"

"Karate has made me more focused on school and on completing my assignments on time. For the second year in a row I have received all "A's" The most important aspect of karate is perseverance. It gives me the courage to keep going and never give up!"

"What is your favorite part of karate?"

"Learning new Katas. I love a challenge and learning new moves. My second favorite is the instructors. They bring life to the class!"

"How will karate help you in your future?"

"By giving me confidence. I have always lived in fear due to bullies at my school. Karate has given me the confidence to stand up for myself."

"Who is your role model and why?"

"My sister Aliyah. She is always successful in everything thing she does and brings a positive vibe to everyone she meets!"

200 Months In A Row!!!!

4th Degree Black Belt Mr. Evan Hunley, has reached the mark of 200 months in a row attending 6 or more classes! Keep it up sir, we are proud of you!

Think about it

Alexander The Great once said, "I'd rather fight an army of lions led by a single sheep, than an army of sheep led by a single lion!"

